



MOULSFORD Sporting Lunch

Sponsored by Frizzell Wealth Management
Supporting the Inspire Children and Youth Charity
Friday 14th November 2025. RAC Club, Pall Mall, London

A sporting lunch with rugby legend David Flatman and former Wales and British and Irish Lions International Rugby union player Andy Powell

England and Bath stalwart David Flatman will host the lunch providing insight into three decades of elite sport. A front rower with a bone dry sense of humour and regular host of the Moultsford Sporting Lunch, "Flats" is well respected and a speaker in high demand since retirement.

Joining Flats will be Andy Powell. Andy is a former Wales and British Lions international who began his career in Newport and played for clubs in Wales, England and France and also represented Wigan Warriors at rugby league.

Andy is a huge hit on the After Dinner Circuit. With stories about his career in the world of Rugby, including the famous 'golf buggy' incident.

RAC Lunch Sponsor for 2025

Thank you to our generous partner Frizzell Wealth Management who is the Lead sponsor for this event.

Frizzell Wealth Management is a family-run firm based in Wallingford, founded by husband-and-wife team Tom and Holly Frizzell. We believe financial advice should feel personal—not just numbers on a page. That's why we take the time to understand your story, helping you plan for life's big moments with tailored guidance, long-term partnership, and genuine care.



Inspire Children and Youth

Inspire Children and Youth is a charity based in Lange Kloof Farm in the Rebeeksrivier Valley, north of Cape Town, South Africa.

It provides safe spaces, food, education support and skills development for vulnerable rural farm children and women, helping to break the cycle of poverty, abuse, and hardship. Inspire offers daily homework support, feeding programmes, Judo training, mental health sessions, and life skills projects that build confidence, health, and opportunity.

Moultsford Prep School has proudly supported Inspire since 2018. Funds raised by the 2018 and 2020 tour groups contributed to the creation of Inspire's sites, and in 2023, Moultsford raised £100,000 towards the purchase of a new farm that will house a rural primary school. Inspire's vision is to uplift rural communities
One child, one act of kindness at a time

For more information, please visit
[Inspire Children and Youth - Weblink](#)

Pricing

Book now to secure your table. £145 per head, sold in tables of 10 (includes a fine dining 3 course meal with half a bottle of wine per head). There will be an auction conducted by 'Flats' on the day. For more information, or to book a table please email: heads.pa@moultsford.com

The event is also supported by Edwin Doran Sports tours.





MOULSFORD